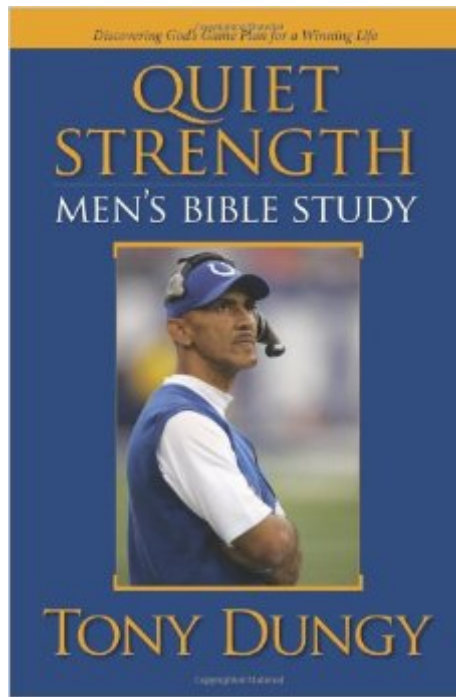


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# Quiet Strength: Men's Bible Study



## Synopsis

This resource addresses six tough questions men ask. Or, more accurately, don't ask--though men crave the answers. Each of the six Bible studies is crafted especially for men, and provides biblical answers, relationship-building discussion questions, fun activities, and character-building insights from the life of Tony Dungy, Head Coach of the Indianapolis Colts. Readers find six studies that answer these questions: What's my game plan? What's my strength? What's success? Where's my security? What is my significance? What's my legacy?

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (48 customer reviews)

Best Sellers Rank: #57,454 in Books (See Top 100 in Books) #18 in [Books > Christian Books & Bibles > Ministry & Evangelism > Adult Ministry](#) #80 in [Books > Christian Books & Bibles > Christian Living > Men's Issues](#) #88 in [Books > Christian Books & Bibles > Education > Adult](#)

## Customer Reviews

I have to be completely honest, I've never been much of a guy for Bible studies. Sure the Friday morning breakfast at Perkins and the social aspect was fairly good, but the discussions never really felt relevant to me. That's until now! This Bible study not only draws from the wisdom of a well-respected Christian and coach, Tony Dungy, but it speaks to the questions that I grapple with as a male in today's society. All the while weaving in interesting football trivia and sports analogies as well as "guy-specific" activities. Guys, I have to say this is one Bible study you're going to want to do.

Though not for every man, especially those who are disinterested in sports, "Quiet Strength: Mens Study Bible" is certainly a rare and rich treasure for the man who loves sports, in particular football. Of course, even those who don't can gain greatly from the six theme questions, though they may find the football focus less attractive. This study Bible explores six questions that help men to deal

with real life today in a relevant, Christian way, while building relationships and Christlike character. It is focused around and released simultaneously with Tony Dungy's new book, "Quiet Strength." The six questions explored are: What is my game plan? What is my strength? What is my success? Where is my security? What is my significance? What is my legacy? Reviewer: Bob Kellemen, Ph.D., is the author of Beyond the Suffering: Embracing the Legacy of African American Soul Care and Spiritual Direction, Soul Physicians, and Spiritual Friends.

So far I (we) have only completed the first two weeks of Quiet Strength. The thing I like is that the actual book by Dungy is NOT NEEDED to complete this bible study. Week 1 was What's your Plan? Week 2 was What is Strength? This has been a great GREAT bible study. My brother and I have been able to go through it together on Skype as I am in California and he is in Texas. The questions and discussion in this book will lead lots of men to reminisce into the days of growing up, or at least it did for my brother and I. This book has interesting facts on both football and the bible. It dives into books and chapters in the Old Testament as well as the New Testament. The studies are designed to take about 90 minutes, but my brother and I manage to take about 2-3 hours because there is so much in depth discussion. I'm sure if this were used with a larger group, it would be easier to regulate the time dedicated to each section of each study. Great study for men, young and old.

I gave this book to my adult son. He is not what I would call an avid reader. However, he was so impressed that he read this book in two settings on two consecutive days. THIS BOOK MUST BE REALLY GOOD! I plan to borrow his copy and read it during the holidays. Signed, impressed Mom

Along with 13 other men, I meet each Friday morning at 6 a.m. for an hour of bible study. We are currently using Tony Dungy's Quiet Strength. This is a tremendous book for men who need encouragement, as they deal with life's challenges. The study has made it easy for the men to open up and share with the group in a way that I never thought possible. I facilitate the discussion and have had several men tell me they look forward to the session each week. Tony has based the study on strong Christian principles backed by scripture. Excellent study!

Quiet Strength by Tony Dungy is the study guide that we are using for our New Walk Church, connection group. The words in this book have taught us to believe that God is always with us and will eventually show us the way to be a good Christian!!

Excellent book for our men's small group. We have been together for a while and wanted a book that would require us to dig a little deeper. This book is excellent at requiring us to do some personal "soul-searching" then share with the group. It facilitates good conversation and biblical life discussions. It works best if read and answered before a meeting. My only complaint (minor) is the books asks you to answer questions but doesn't leave any room to write your answers. We used as a six week study and the tempo was easily manageable. Going any faster would have required us to rush and not dig into each chapter. I highly recommend.

As a companion piece to his best-selling book by the same title, respected and influential NFL head coach Tony Dungy delves into the knowledge, inspiration and lessons contained in the Bible. The study sections are built upon six questions: \* What is my game plan? \* What is my strength? \* What is success? \* Where is my security? \* What is my significance? \* What is my legacy? An excellent guide to be used by an individual or in groups, coach Dungy styles this playbook for any male wishing to open his heart and make a strong commitment to live a better life.

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